

Cultivating Inclusion in the Workplace

Explore new videos each day that can be completed in around 5 minutes.
Don't worry if you miss a day — you can always catch up tomorrow.

Monday	Tuesday	Wednesday	Thursday	Friday
 Challenge starts tomorrow!	Understand Cultural Diversity in the Workplace (4m 50s)	Fundamentals of an Inclusive Mindset (4m 48s)	Activity: What was the biggest takeaway you learned about having an inclusive mindset?	Importance of Gender-Neutral Language (3m 19s)
Acknowledge LGBTQ+ Workplace Barriers (4m 40s)	Avoid Microaggressions (3m 41s)	Practicing Patience for Empathetic Inclusion (5m 29s)	Activity: What are the most impactful ways you think you can practice patience in your interactions in the future?	
Building a Foundation for Safe Spaces (2m 40s)	Activity: What are the top 3 takeaways from the videos you've explored?	Diversity Topics Can be Polarizing (3m 48s)	Perception vs. Reality: Time to Elevate the Playing Field (1m 25s)	
The INCLUDE Model (1m 51s)	Activity: List the 2-3 learnings you can put into action in your workplace.			